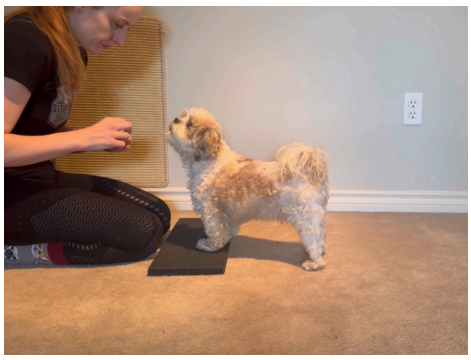
Find 4 Feet

Lesson 2

Exercise	Sets X Reps
FF Target - Add Verbal Cue	2-4 x ~10
RF Target – Add Verbal Cue	2-4 x ~10

Front Feet Target + Add Verbal Cue



Once your dog is reliably putting both their front feet on the target, you can add a verbal cue for front feet.

Remember: If you use the cue word and the dog doesn't put their front feet on the target, the cue word loses its meaning! We want to be 99% sure that our dogs will offer the behavior before adding a cue.

Equipment:

- Front Feet Target
  ** Remember that wider/longer target provide more surface area and are easier for your dog's feet to find. We can gradually decrease the size of our targets as our dog's skills improve.*

Exercise Description:

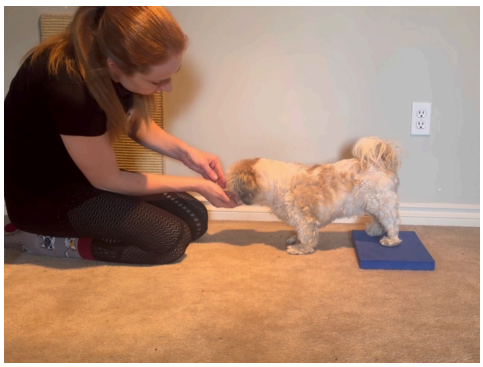
The cue word I use for the dog's front feet is "Toes"

- **Place the front feet target directly in front of you, aligned with the centerline of your body**
- **Toss a treat straight ahead, for your dog to run after.**
- **Say your cue word "Toes" immediately before your dog places both of their front feet on the target.**
- **Then mark "Yes" and toss a treat to repeat the training loop.**

Benefits:

- **Adding a verbal cue for front feet can be beneficial when progressing the exercises, especially if the dog gets confused on what feet we want them to target!**

Rear Feet Target + Add Verbal Cue



Once your dog is reliably putting both their rear feet on the target, you can add a verbal cue for rear feet.

Remember: If you use the cue word and the dog doesn't put their rear feet on the target, the cue word loses its meaning! We want to be 99% sure that our dogs will offer the behavior before adding a cue.

Equipment:

- **Rear Feet Target**
  ** Remember that wider/longer target provide more surface area and are easier for your dog's feet to find. We can gradually decrease the size of our targets as our dog's skills improve.*

Exercise Description:

The cue word I use for the dog's rear feet is "Feet"

- **Place your rear feet target in front of you, but with enough space between your body and the target so that the dog has enough room for their rear feet to land on the target, with their front feet on the ground in front of you.**
- **Toss a treat straight ahead, for your dog to run after.**
- **Say your cue word "Feet" immediately before your dog places both of their rear feet on the target.**
- **Then mark "Yes" and toss a treat to repeat the training loop.**

Benefits:

- **Adding a verbal cue for rear feet can be beneficial when progressing the exercises, especially if the dog gets confused on what feet we want them to target!**